

# Mental Health

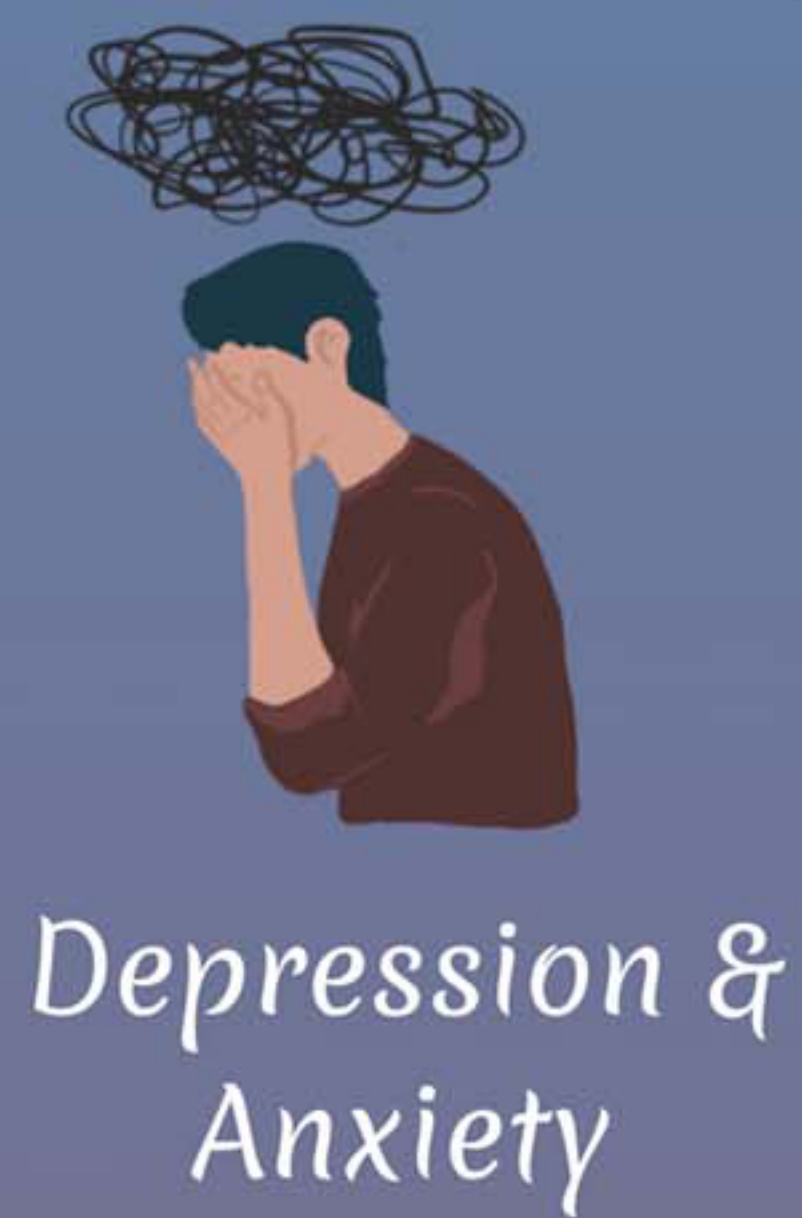
Climate change can impact mental health by disrupting connections to land, culture, knowledge, and community.

For example, sudden environmental changes can disrupt daily routines, housing, and access to food and water, increasing stress and anxiety.

For helpful resources, please scan the QR code



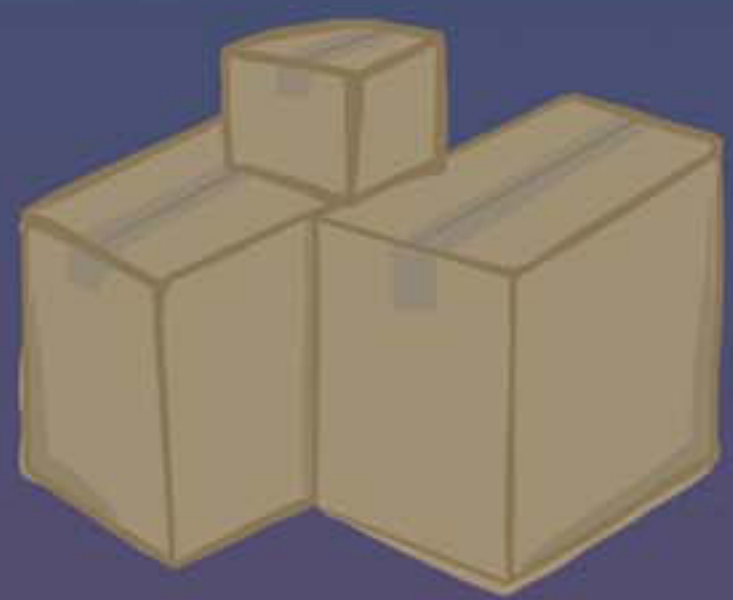
A Project By



Ecological Grief



Displacement



CLIMATE



Greater Climate Variability

