

Abingjiiyak Zongi-gaabweyok

A Colouring Book for Our Youth



Artwork by Jake Roulette

A joint project of



CIER
Centre for Indigenous
Environmental Resources

About this Colouring Book

This colouring book is dedicated to the youth of Sandy Bay Ojibway First Nation. The Ojibway title, Abinojiiyak Zongi-gaabweyok, translates in English to “Children Standing Strong”.

From 2021 to 2023, staff from Sandy Bay and the Centre for Indigenous Environmental Resources worked together on the Gaa-Wiikwedaawangaag Climate Change Project. Through this project, community members learned about the impacts of climate change, shared stories about how climate change is affecting their lives, identified solutions, and took action to strengthen their resilience, including planting thousands of trees around Sandy Bay.

This colouring book emerged from the Gaa-Wiikwedaawangaag Climate Change Project. It is meant to help teach the youth of Sandy Bay about their lands and waters in their own language.

About the Artist



Boozhoo, my name is Jake Roulette and I am an artist from Sandy Bay Ojibway First Nation. I am 28 years old. I am a father of two and currently working from home.

My artwork is my passion and I enjoy being able to share this with my children. This is my third year taking commission orders and selling my work, both within Canada and a few places in the United States. I enjoy trying new types of artwork: anything from carving and wood working to painting drums, canvas, buffalo skulls, antlers, lamps, and wood boxes. It's my goal to empower more children to express themselves through art and to help spread awareness about climate change. I have always been artistic and creative ever since an early age. It was my mother who inspired me but also recognized my artistic skill and really encouraged me to continue to pursue it as I got older.

I do my artwork to help me deal with anxiety and depression. It helps me express myself and relieve stress. It also gives me a chance to share my passion and love for what I do with others. I'd really like to inspire others to do the same: to find and do what you love.

Copyright & Disclaimer: The artwork in this colouring book belongs to the artist and may not be used for commercial purposes without his written permission.



Abingjiiyak Zongi-gaabweyok

(Children Standing Strong)



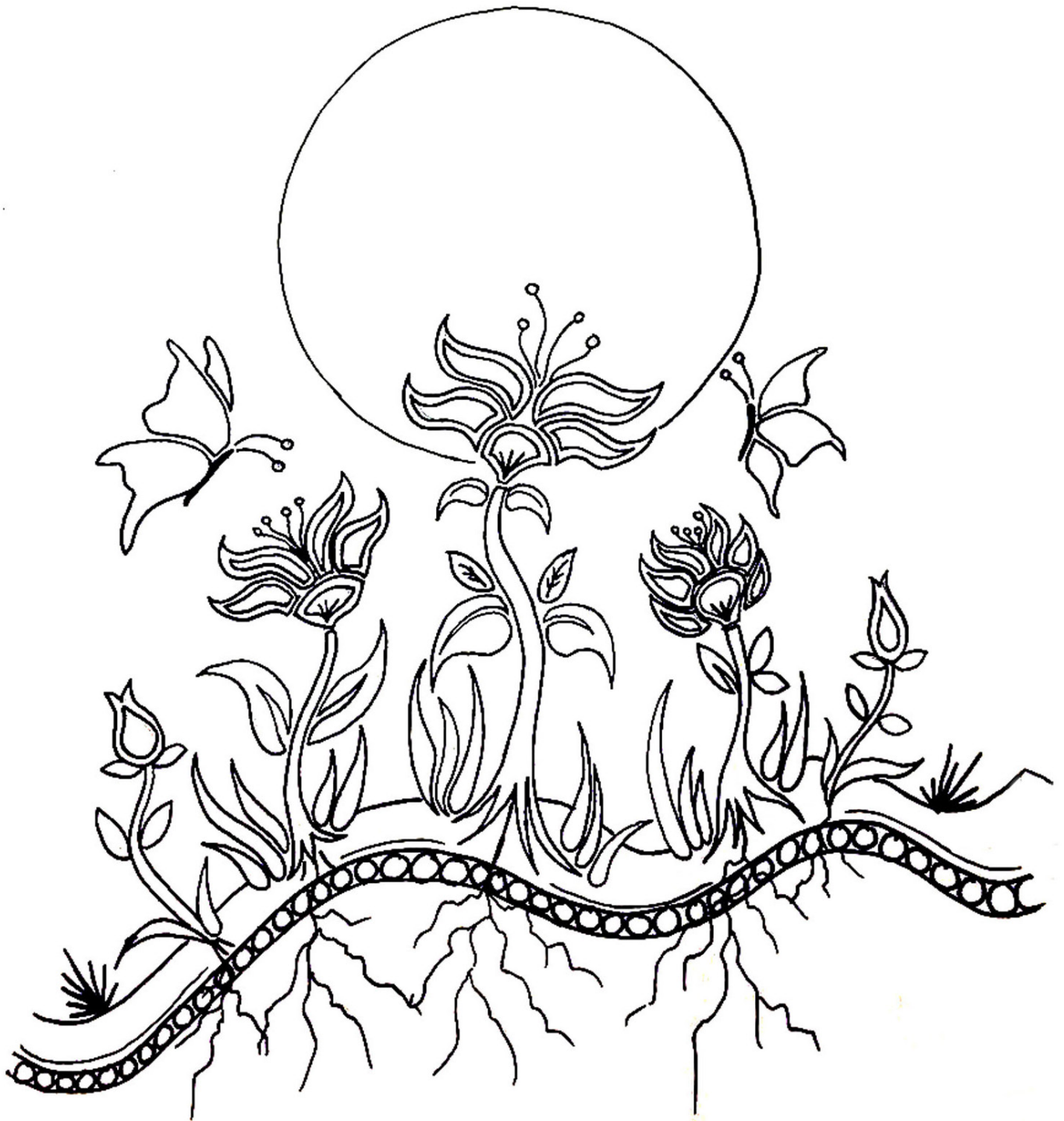
MITIGOOHMISH (Oak Tree)

Oaks are strong trees. Their roots are thick and long making them hard to uproot! The wood from oak trees can be used to make log cabins. Careful! Their sap can cause rashes.



GIMISHOOMIS (Your Grandfather Oak Tree)

An oak tree can live very long lives. This tree started as a small acorn and grew into the Gimishoomis Oak you see here. Gimishoomis Oak has seen many generations and holds our history.



WAABIGWANIIN (Wildflowers)

Wildflowers send their roots down and cover the earth with their beautiful colours and sweet scents.



MISKOBITIK/MISKOBIGIMAHTIK (Willow Tree)

Willow trees help us in many ways. Their bark can be boiled to make a tea that contains traditional medicine that helps us relieve pain. We also use willows to build our sweat lodges.



TREE COLLECTION

When you are walking outside...do you see any of these fallen from trees?

1. Maple leaf | 2. Oak leaf | 3. Spruce needles | 4. Ash leaf | 5. Pinecone
6. Cottonwood leaf



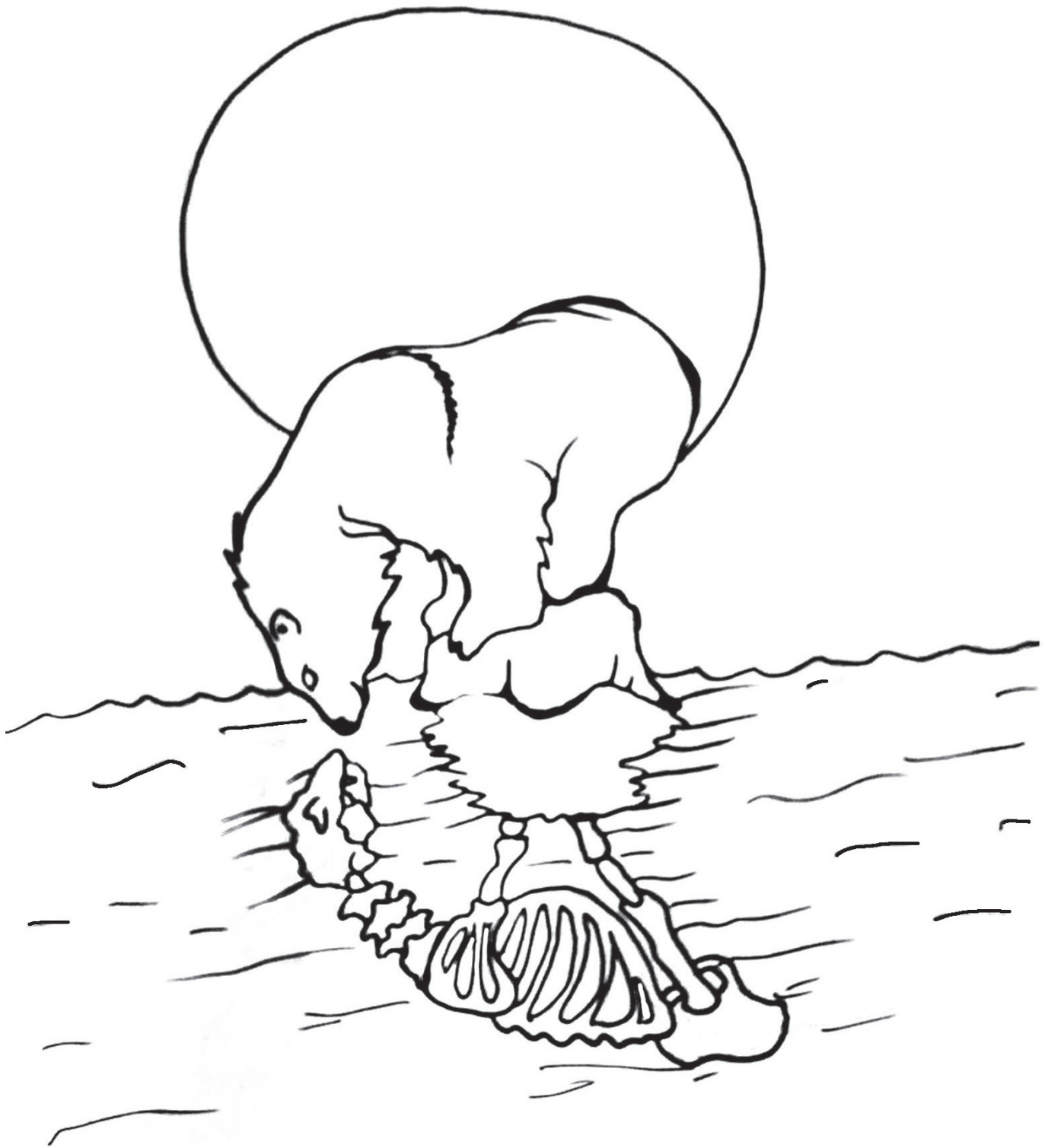
KEEPERS OF THE LAND

You are a protector of biodiversity. When we take care of the world around us, we are also nurturing our relatives for generations to come.



NEW ROOTS

Baby trees are small plants. To plant a small tree, we dig a hole, place them inside, and bring them extra water so their roots can grow fast. Love and hard work will help keep them strong.



ICE MELT

Animals are losing their lands from climate change. Ice melts faster and food is harder to find for polar bears. If we encourage each other to make long term changes, like planting trees, we can help fight climate change together.



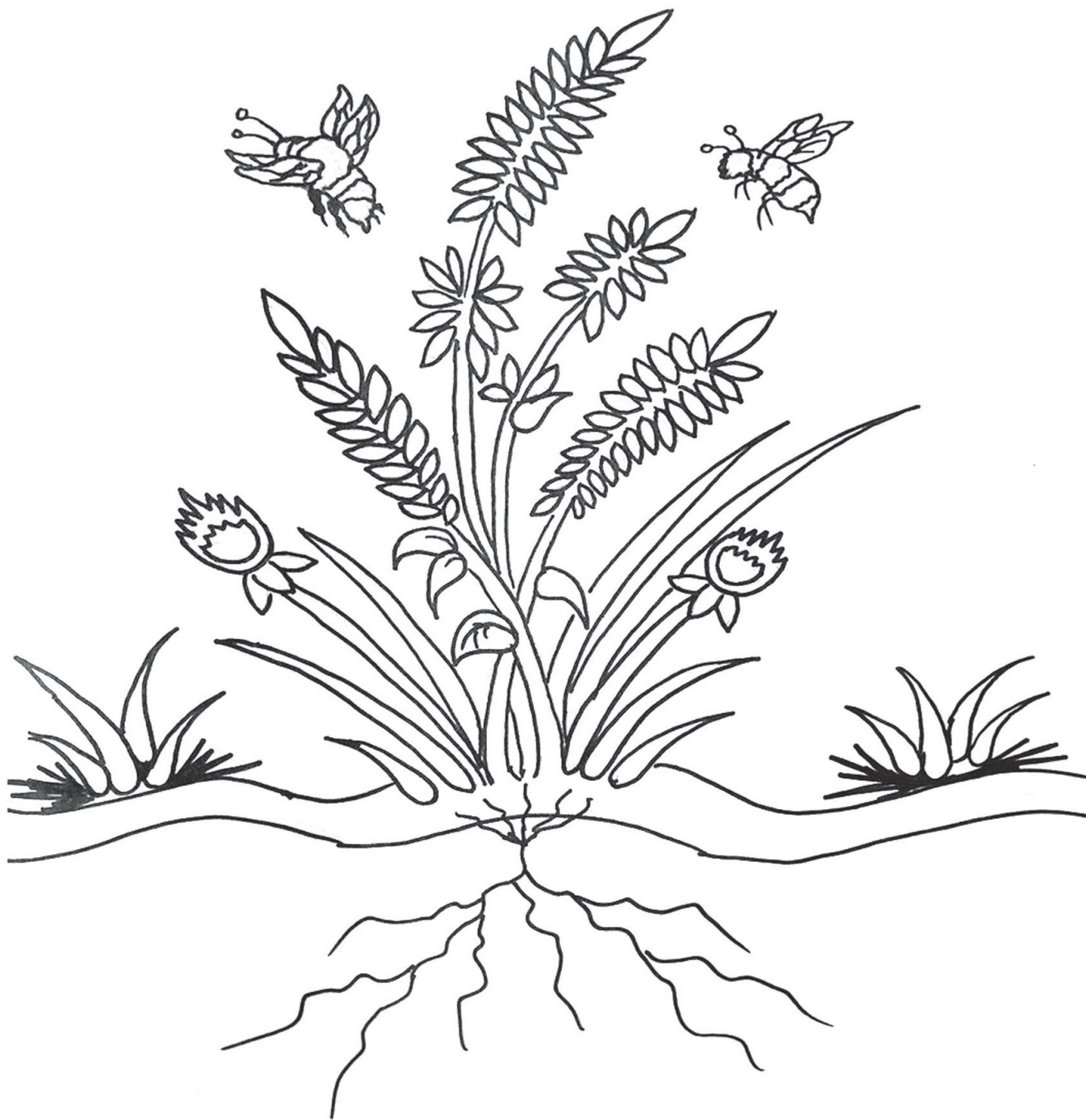
WAYGOSS AHTIK (Birch Tree)

Birch trees look like layered trees. Their bark is harvested by pulling off a layer and turning it into a birch bark medicine tea or for other uses like paper, canoes, or baskets.



SHINGOOP(IIS) (Spruce Tree)

Spruce trees are evergreen, so they will stay green even in winter. Instead of leaves, they have needles. The wood cut from spruce trees is great for making a fire that will burn slowly. Inside their bark is something called “resin”, which is a sticky substance we can use to seal something up!



AAMOO (Bees)

Bees are busy visiting plants for pollination. Flowers invite them to land on their pretty petals with colours and scents.

FUNDERS



Crown-Indigenous Relations
and Northern Affairs Canada

Relations Couronne-Autochtones
et Affaires du Nord Canada



CLIMATE IMPACT

Abingjiiyak Zongi-gaabweyok

A Colouring Book for Our Youth