

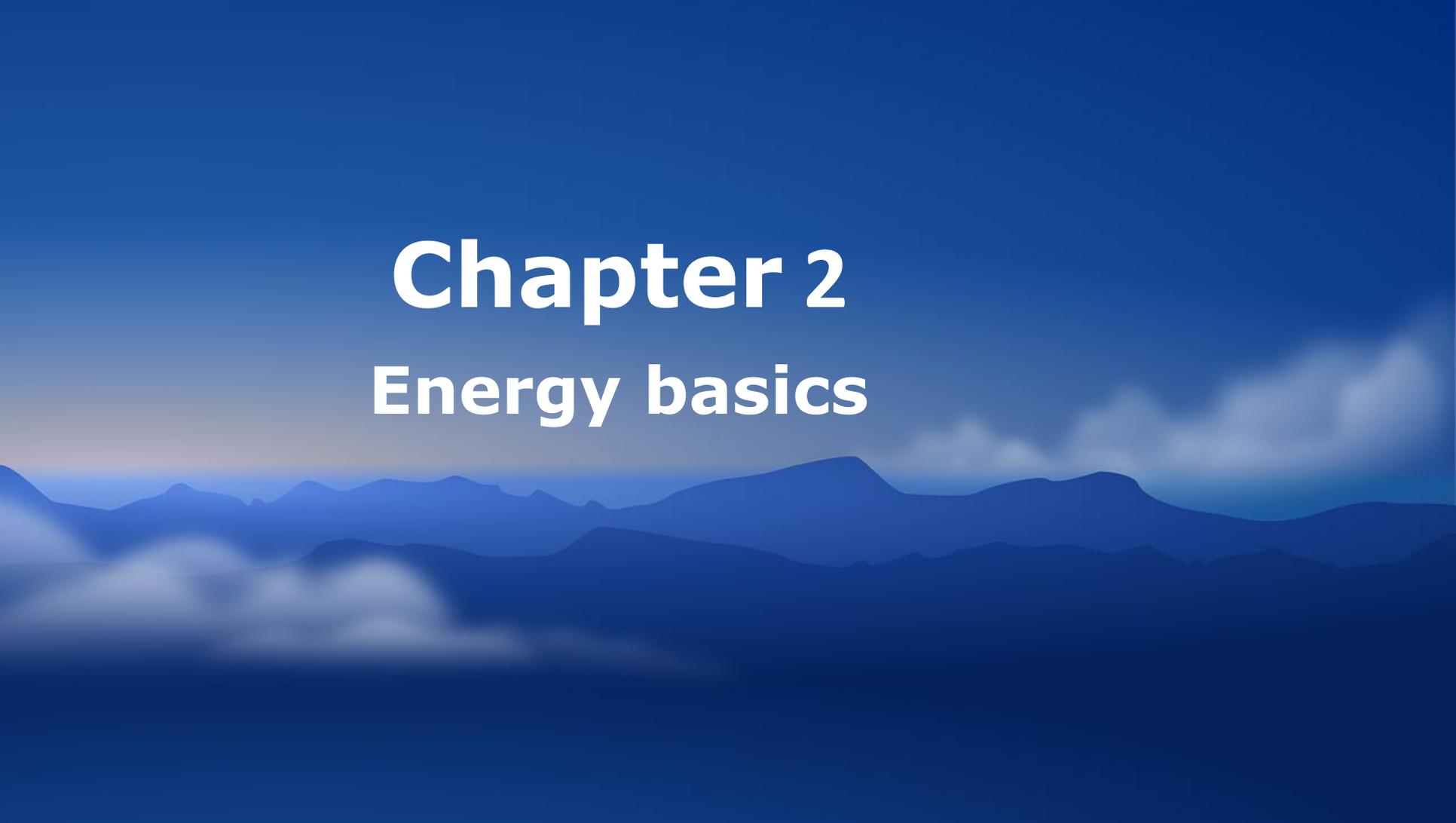
The background of the entire slide is a composite image. On the left, a large, detailed view of the Earth is shown, with blue oceans, white clouds, and brown/green landmasses. On the right, a vibrant, multi-colored galaxy (likely the Milky Way) is visible, with purple, pink, and white nebulae and stars against a dark space background.

# Shining Lights

**Energy Literacy and Language in the NWT**  
**Understanding your Energy Story**



ARCTIC ENERGY  
ALLIANCE

The background of the slide is a blue-toned landscape. It features a range of mountains in the distance, with some peaks partially obscured by soft, white clouds. The sky is a gradient of blue, transitioning from a lighter shade near the horizon to a darker blue at the top. The overall mood is serene and professional.

# **Chapter 2**

## **Energy basics**

# What is energy?

The background of the slide is a blue-toned landscape. It features a range of mountains in the distance, with some peaks partially obscured by soft, white clouds. The sky is a gradient of blue, transitioning from a lighter shade near the horizon to a darker shade at the top. The overall mood is serene and contemplative.



# Energy in remote communities

- *Where do we see energy in our every day lives?*
- *What does energy allow us to do in our communities and homes?*

# Energy in Remote Communities

1. Energy heats and cools our home and protects us from harsh climates.
2. Energy powers our appliances – keeps our food cold, cooks our food, washing our dishes.
3. Energy powers our leisure devices – our television, our internet, our radios, music, cell phones. It connects us.
4. Energy lights our homes – on the inside and out.
5. Energy heats our water – for cooking, for showers and baths, laundry.

# Energy in remote communities

6. Energy heats and powers our **community buildings**.
7. Energy powers the infrastructure in our community – our **water treatment plant, our waste water treatment plant, fork lifts, bulldozers**.
8. Energy moves our **cars, trucks and planes**. It allows us to come and go from our community.
9. Energy helps us **grow** and **moves us** – through the food we eat and the water we drink.

# **Energy in remote communities**

**With these examples, what does energy do?**

# Energy in remote communities

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# Energy in remote communities

Energy **heats, cools, powers, lights, moves** and allows us to **grow**



# Energy forms



# Two main forms of energy

Energy can be **in action** or it can be stored.

Action energy = “**kinetic energy**”

## Examples of action energy in your community

- Light from a desk light
- Steam escaping from a kettle
- A car driving down the road



# Kinetic energy

*Where do we see kinetic energy in our nature?*

# Kinetic energy

*Where do we see kinetic energy in our nature?*

- animals running, birds flying, fish swimming
- trees and plants growing
- rivers flowing
- winds blowing



# Two main forms of energy

Energy can be in action or it can be **stored**.

Stored energy = “**potential energy**”

Examples of stored energy in your community

- Large diesel storage tanks
- Diesel fuel in your house storage tank
- Batteries in your smart phones, wall clock or TV remote control



# Potential energy

*Where do we see potential energy in our nature?*

# Potential energy

*Where do we see potential energy in our nature?*

- Animals – harvesting for food
- A rock on top of a hill ready to roll down
- Trees and cut wood for your fireplace



# Energy types



# There are two main types of energy

## **Non-renewable** and **renewable energy**

- **Non-renewable sources** – energy sources that took millions and millions of years to produce and can't be replenished. Also called "fossil fuels"
- **Renewable sources** – energy sources that have been produced very recently and are easily replenished.

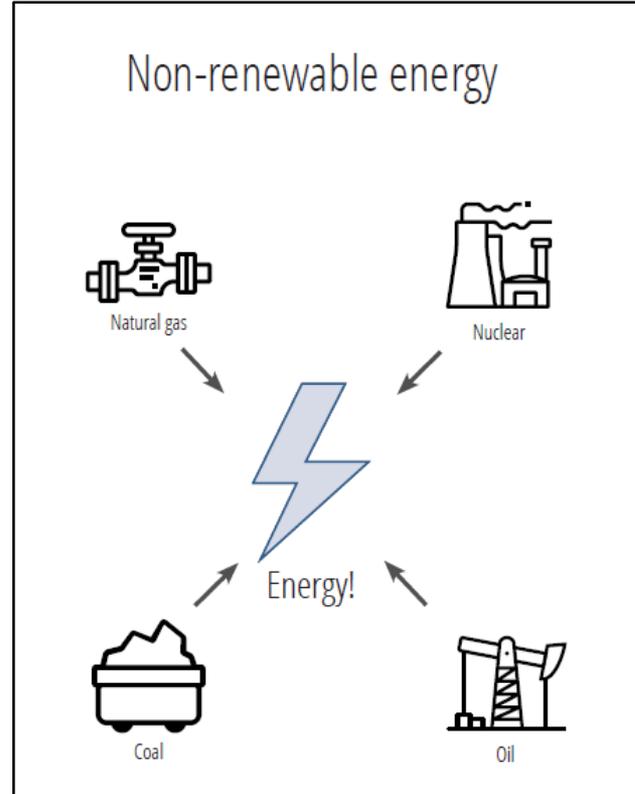
# Non-renewable energy

*What main sources of non-renewable (fossil) energy are mostly used today?*

# Non-renewable energy

*What main sources of non-renewable (fossil) energy are mostly used today?*

- Coal
- Oil (and everything made from that)
- Natural gas
- Nuclear



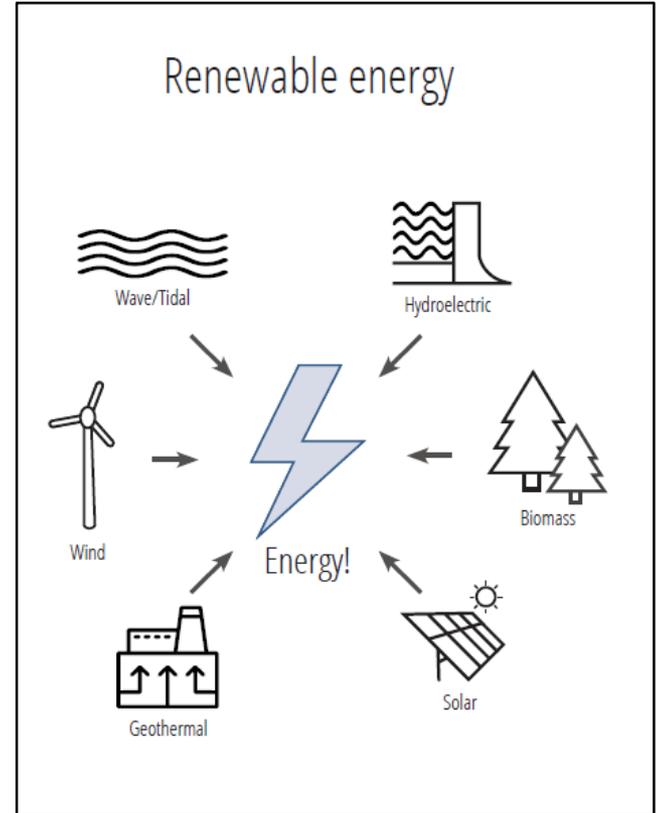
# Renewable energy

*What main sources of renewable energy are mostly used today?*

# Renewable energy

*What main sources of renewable energy are mostly used today?*

- **Biomass**
- **Solar**
- **Water**
- **Wind**
- **Geo-exchange (shallow)**
- **Geo-thermal (deep)** (but very little in Canada)
- Wave and tidal (still in research and development phase)



# Energy units



# Power and Energy

## *Technical terms:*

*Power* is **the ability to do work**

*Energy* is the **total amount of work done over an amount of time**

**ENERGY = POWER multiplied by TIME (POWER x TIME)**

- Most common unit of **POWER** is the **Watt (W)** – it describes how fast energy is used.
- The most common unit of **ENERGY** is the **kilowatt-hour (kWh)** – it describes the amount of energy used over time.
- 1 kWh of energy = 1 kW POWER device used for one hour, or a 2 kW POWER device used for 30 minutes.

*Remember, when talking about ENERGY use, it is always in reference to an amount of time*

# Kilos, Megas and Gigas

- Based on the International System of Units (SI)

| Power                          | Energy                                |
|--------------------------------|---------------------------------------|
| 1,000 Watts = 1 kilo Watt      | 1,000 Watt-hour = 1 kiloWatt-hour     |
| 1,000 kilo Watts = 1 Mega Watt | 1,000 kiloWatt-hour = 1 MegaWatt-hour |
| 1,000 Mega Watt = 1 Giga Watt  | 1,000 MegaWatt-hour = 1 GigaWatt-hour |

| Power           | Energy            |
|-----------------|-------------------|
| 1,000 W = 1 kW  | 1,000 Wh = 1 kWh  |
| 1,000 kW = 1 MW | 1,000 kWh = 1 MWh |
| 1,000 MW = 1 GW | 1,000 MWh = 1 GWh |

# Power – units

- The standard unit of power is the **Watt (W)**
- Another common measurement of power is **Horsepower (HP)**
- One horsepower (HP) is equal to 745.7 Watts (W)
- Cars have a HP of between 70 HP and 200 HP. Pickup trucks have a HP of up to 500 HP
- A Ford F150 has a 395 HP engine, or around 300 kW



# Energy - units

- A **kWh** is one of the most common ways to express the amount of ENERGY that is used
- A gigajoule (**GJ**) is also an expression of ENERGY that is used

- 
- **kWh** and **GJ** are like two apples
  - They are both apples, but slightly different
  - $1 \text{ GJ} = 278 \text{ kWh}$



- 
- **kWh** is often the unit to express electricity consumption
  - **GJ** is often the unit to express the amount of energy in natural gas or diesel fuel (barrels or tanks of diesel stored)

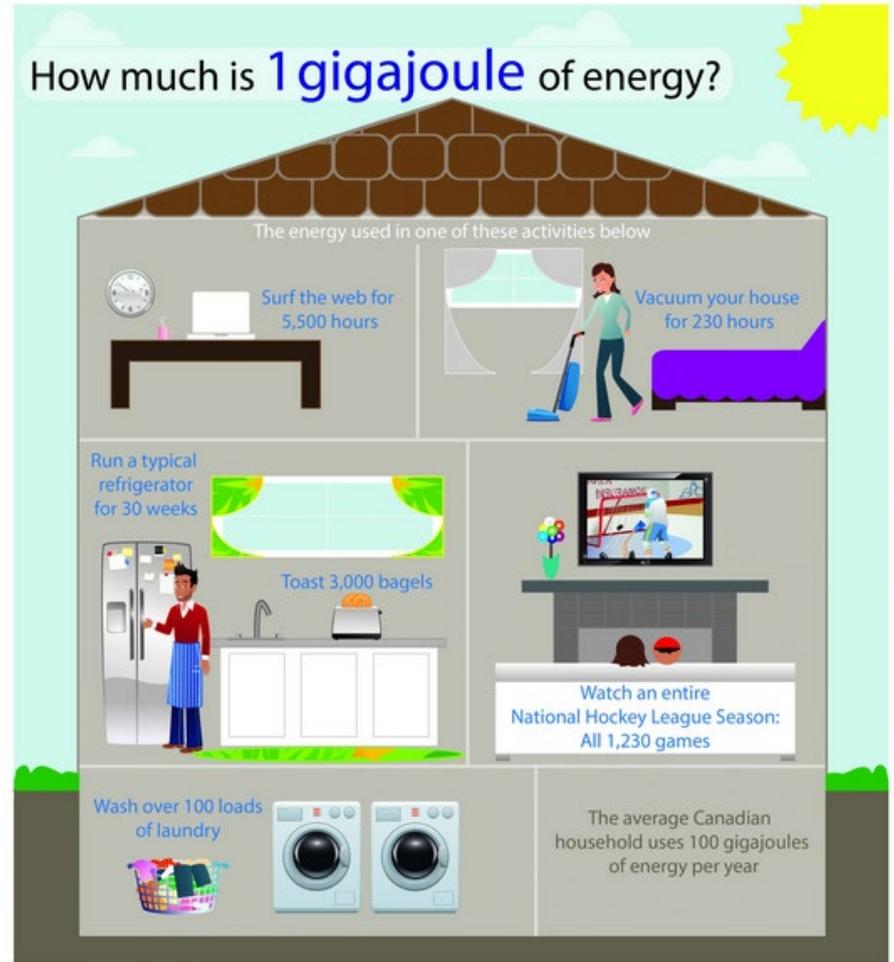
# The water bucket example

- We are going to fill two buckets with water at different rates for the same amount of time.
- The first one slow which represents low power.
- The first one fast which represents high power.
- Guess which one will have consumed more 'energy' by the end?

# What is a GJ ?

- Using a computer for 5,500 hours (almost 7 months straight)
- Toasting 3,000 bagels
- Washing over 100 loads of laundry
- Vacuuming your house for 230 hours (almost 10 days straight)

The average Canadian household uses 100 GJ of energy per year.



# What is a GJ ??

## One GJ of natural gas is the same as:

- 27 m<sup>3</sup> of natural gas
  - 26 litres of fuel oil
  - 39 litres of liquid propane
  - 278 kWh of electricity
  - 4% of a cord of seasoned wood
- 
- A 20 lb propane tank contains ½ GJ of energy

These all contain 1 GJ of energy



A one cubic meter container (m<sup>3</sup>).

About 27 of these filled with natural gas is about one GJ of energy.

But remember natural gas is a gas and oil is a liquid. Liquids tend to have much higher energy densities.

# What is a kilowatt-hour (kWh) ??

- One device that has a 2,000 watts (W) power rating is left on for 10 hours consumes 20 kWh of energy:

# What is a kilowatt-hour (kWh) ??

- One device that has a 2,000 watts (W) power rating is left on for 10 hours consumes 20 kWh of energy:

**Power X Time = Energy Consumption**

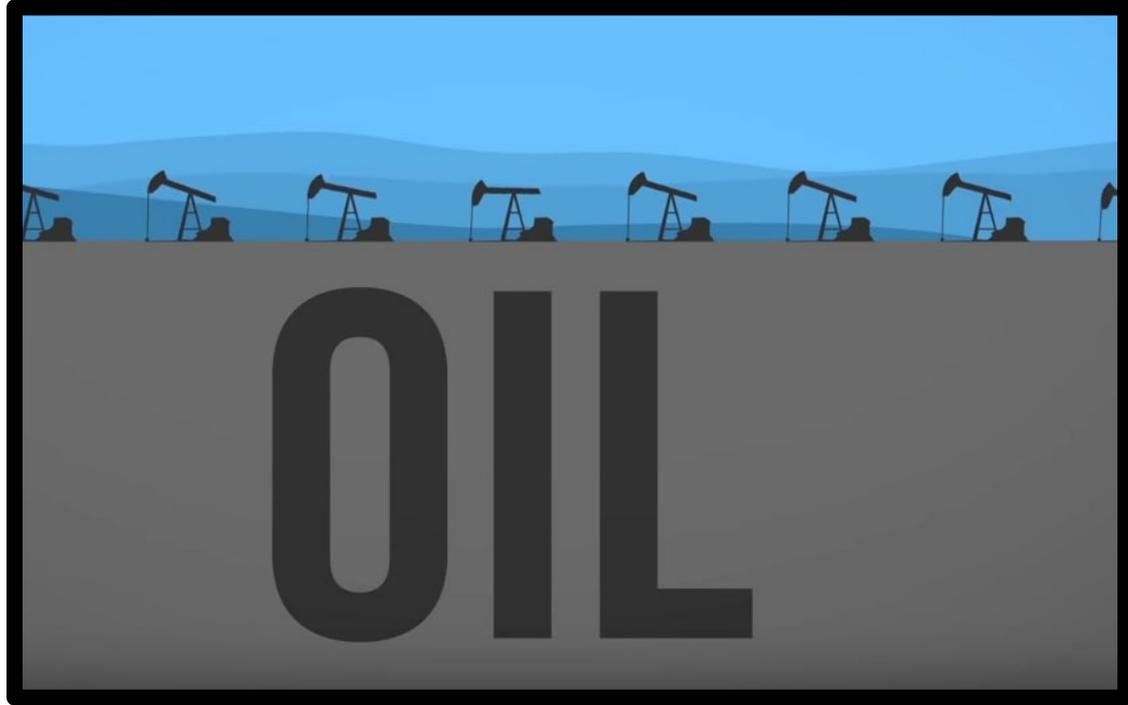
$$2 \text{ kW} \times 10 \text{ Hours} = 20 \text{ kWh}$$

**One 80 watt (W) lightbulb left on for one full day (24 hours) uses approximately how much energy?**

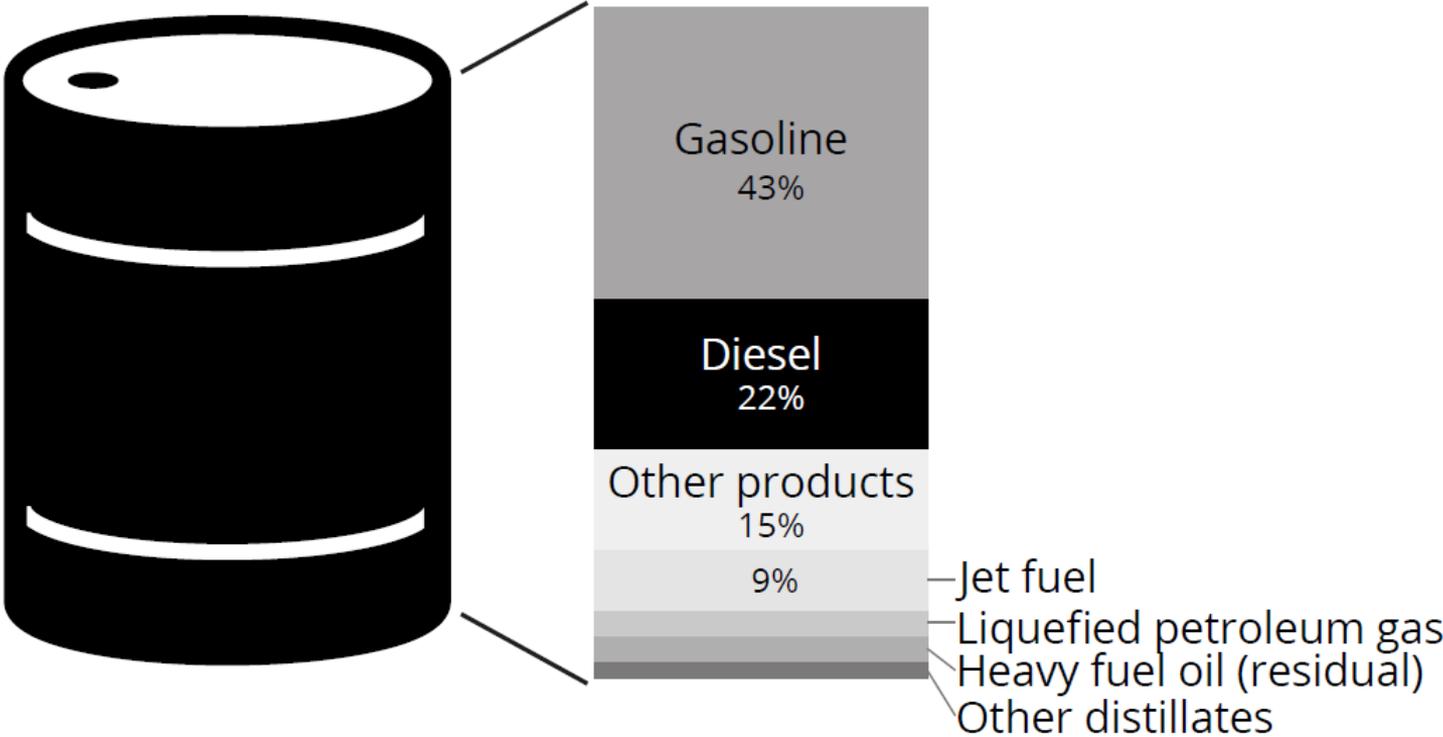
- a) 10 GJ**
- b) 200 kWh**
- c) 1,000 kw**
- d) 2 kWh**

# Oil





# Products from a barrel of oil



# Barrel of Oil Equivalent (BOE)

## A Barrel of Oil

- a barrel of oil contains 160 litres of oil
- The amount of available energy in a barrel of oil is called the **Barrel of Oil Equivalent (BOE)**

## A Barrel of Oil Equivalent (BOE)

- **1 Barrel of Oil Equivalent (BOE)** is approximately 5.8 GJ

(Available energy, or primary energy is the total available amount of energy released from burning oil. But more on that later)



5.8 GJ of available  
energy

# Comparable energy content as a BOE (5.8 GJ)

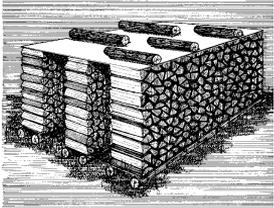
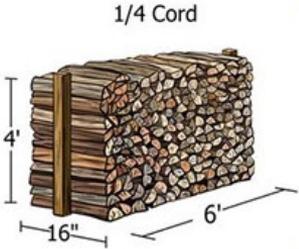
some examples ...

- 156 m<sup>3</sup> of natural gas



X 156

- ¼ of a seasoned cord of wood



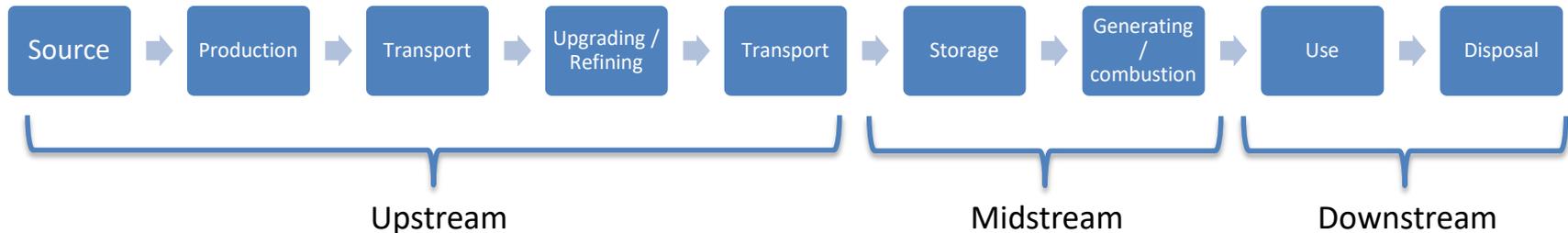
Comparative – this is one cord of wood

- 12 x 20 lb liquid propane tanks



# Upstream and downstream impacts of a barrel of oil

- Extracting, upgrading, refining and transporting oil are **upstream activities**
- Storing, combusting are **midstream activities**
- Disposal are **downstream activities**
- Together these activities are called the lifecycle of oil and gas production
- All of these activities have various negative upstream impacts. Some are more significant than others



# Afternoon Break

The background of the slide is a monochromatic blue-toned landscape. It features a range of mountains in the middle ground, with some peaks appearing to be shrouded in mist or low clouds. The sky is a gradient of blue, with some lighter, wispy clouds on the right side. The overall mood is serene and calm.

# Impacts from transporting, storing and burning diesel in your community

We have developed a *mind-map* of some of the main impacts diesel has on a community.

Let's discuss some of these impacts and brainstorm what's missing in the diagram.

# Key Terms to Remember

The background of the slide is a blue-toned landscape. It features a range of mountains in the distance, with some peaks partially obscured by soft, white clouds. The sky is a gradient of blue, transitioning from a lighter shade near the horizon to a darker blue at the top. The overall aesthetic is clean and professional.

# **Non-renewable energy**

Energy sources that took millions and millions of years to produce and can't be easily replenished

# **Renewable energy**

Energy sources that have been produced very recently and are easily replenished

# **Power**

The ability to do work

# **Energy**

The total amount of work done over an amount of time

# **Negative upstream impacts**

The various impacts (environmental, economic, social, health) caused from upstream activities

# Oil

A viscous liquid derived from petroleum, especially for use as a fuel or lubricant

## **Barrel of Oil Equivalent**

The equivalent amount of primary energy contained in a barrel of oil. Equal to 5.8 GJ of energy

## **Upstream impacts of oil**

The environmental, social, economic and health impacts from producing oil

# Upgrading

a process by which bitumen (heavy oil from oilsands) is transformed into light oil by fractionation and chemical treatment, removing virtually all traces of sulphur and heavy metals

# Refining

a process where crude oil is transformed and refined into more useful products such as gasoline, diesel fuel, asphalt base, heating oil, kerosene, liquefied petroleum gas, jet fuel and fuel oils

# **Primary energy**

Amount of energy contained in a fuel

# **End-use energy**

The usable amount of end-use energy through a conversion  
process

# **Other terms?**

*Are there other important terms we missed?*

# What is oil and where does it come from?

- Oil - a viscous liquid derived from petroleum, especially for use as a fuel or lubricant.
- There is **conventional oil** and **unconventional oil**.



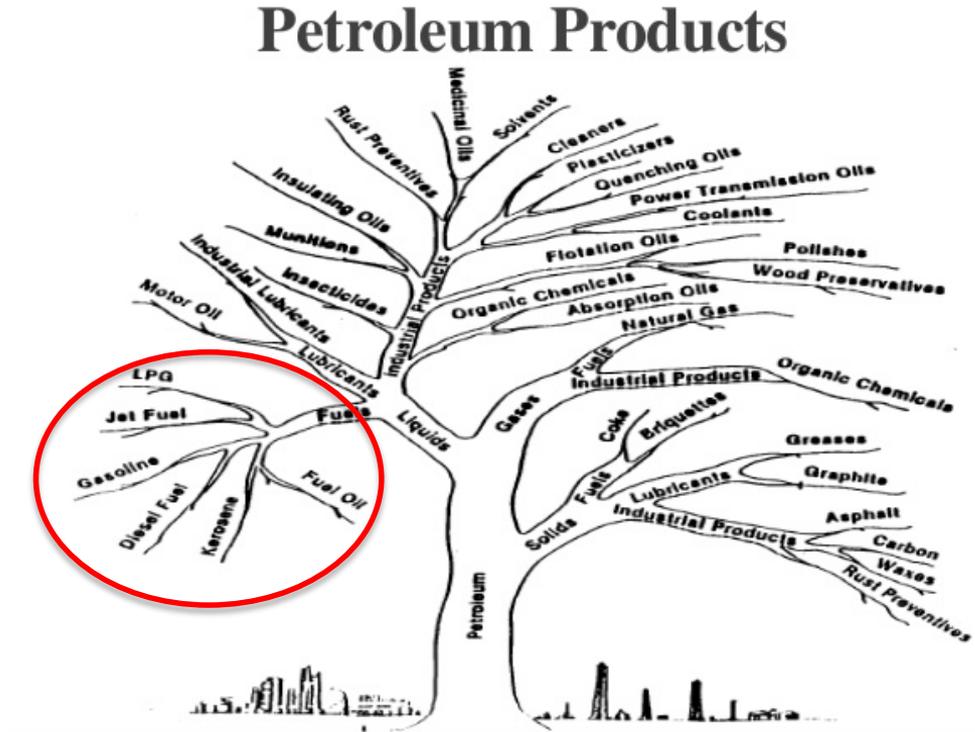
**Conventional oil** – oil that is drawn directly from the ground (usually through drilling a well and pumping) and requires little upgrading. Sometimes referred to as crude oil.



**Unconventional oil** – oil produced or extracted using techniques other than the conventional (oil well) method. The Athabasca Oilsands are a source of unconventional oil.

# What can you get from a barrel of oil?

- Most common products - diesel, gasoline, jet fuel, motor fuel, heating fuels



# Upgrading

- Through the complicated processes of upgrading and refining, all of these different oil products can be created.
- **Upgrading** - a process by which bitumen (heavy oil from oilsands) is transformed into light oil by fractionation and chemical treatment, removing virtually all traces of sulphur and heavy metals.



Strathcona refinery,  
Edmonton Alberta

# Refining

- **Refining** – a process where crude oil is transformed and refined into more useful products such as gasoline, diesel fuel, asphalt base, heating oil, kerosene, liquefied petroleum gas, jet fuel and fuel oils.



Strathcona refinery, Edmonton Alberta



## **Process automation – Athabasca oilsands project**

# Quiz question #1 – What source of energy is a non-renewable form

- a) solar
- b) wave
- c) geothermal
- d) natural gas

## **Quiz question #2 – What does a Watt (W) usually refer to?**

- a) The amount of energy used**
- b) The amount of power something has**
- c) The ratio of power to energy**
- d) The equivalent kilowatt-hour value**

**Quiz question #3 – What product is not derived from a barrel of oil**

- a) Gasoline**
- b) Jet fuel**
- c) Natural gas**
- d) Diesel fuel**